

FALL/WINTER SCHEDULE – OCTOBER 1 – APRIL 18, 2025

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>
<p>ON ICE SOUTH ARENA 4:00-4:30pm Junior Group 4:30-5:00pm Junior 5:00-5:15pm FLOOD/BREAK 5:15-6:00pm Pre-Can/ RS/STAR 1 6:00-6:15pm FLOOD/BREAK 6:15-7:15pm Int/Sr 7:15-7:30pm Int/Sr Group 7:30-7:45pm FLOOD/BREAK 7:45-8:30pm Synchro 2</p> <p>OFF-ICE 4:30-5:00pm – Beginner Jumps 5:15-6:00pm – Int/Sr Jump Class</p> <p><i>No Skating:</i> Oct 14, Nov 11, Dec 23, 30, Feb 17</p>	<p>ON ICE SOUTH ARENA 4:00-4:30pm Junior Group 4:30-5:00pm Junior 5:00-5:15pm FLOOD/BREAK 5:15-6:15pm Int/Sr 6:15-6:30pm Int/Sr Group 6:30-6:45pm FLOOD/BREAK 6:45--7:15pm Pre-Can 6:45-7:30pm CanSkate</p> <p>OFF-ICE 5:15-6:00pm- Junior Fitness Class 6:45-7:30pm- Int/Sr Fitness Class</p> <p><i>Skating:</i> Dec 24, 31</p>	<p>ON ICE SOUTH ARENA 4:00-5:00pm Int/Sr 5:00-5:15pm FLOOD/BREAK 5:15-6:00pm CanSkate/ RS/STAR 1 6:00-6:15pm FLOOD/BREAK 6:15-7:00pm Synchro 1 7:00-7:45pm Jr</p> <p>OFF-ICE 5:15-6:00pm –Open Yoga 6:15-6:45pm – Beginner Yoga (Juniors can choose which yoga works better for them for package)</p> <p><i>No Skating:</i> Dec 25, Jan 1</p>
<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
<p>ON ICE SOUTH ARENA 4:00-5:00pm Int/Sr 5:00-5:15pm Int/Sr Group 5:15-5:30pm FLOOD/BREAK 5:30-6:00pm Jr Group 6:00-6:30pm Jr 6:30-6:45pm FLOOD/BREAK 6:45-7:15pm Pre-Can 6:45-7:30pm CanSkate</p> <p>OFF-ICE 4:30-5:15pm – Jr Jump Class 5:30-6:15pm – Int/Sr Fitness Class</p> <p><i>No Skating:</i> Dec 26, Jan 2, Mar 13</p> <p>Note: At the discretion of the Skating Director, skaters may be moved to a different session to maintain balance. Skaters wanting to skate 2 sessions in a day are to contact Program Director.</p>	<p>ON ICE SOUTH ARENA 6:30-7:30am Open Session</p> <p>4:00-4:45pm RS/STAR 1 4:45-5:45pm Open Session</p> <p>OFF-ICE 5:00-5:30pm – Beginner Jumps</p> <p><i>No Skating:</i> Nov 8(pm), 15(pm), 22(pm) Dec 6, 20 (Ice Show Rehearsal), 27 Jan 3, 10(pm), 24 (Comp), 31 (pm) Feb 7, 14, 21, 28 Mar 14(pm), 21(pm), 28 (after 5:15pm) Apr 18</p> <p style="text-align: center;">SCHEDULE IS SUBJECT TO CHANGE</p>	<p>ON ICE SOUTH ARENA 10:00-11:00am Open Session 11:00-11:15am FLOOD/BREAK 11:15-12:00pm RS/STAR 1</p> <p><i>No Skating:</i> Oct 19 (Seminar) Nov 16, 23 Dec 7, 21 (Ice Show), 28 Jan 4, 11, 25 (Competition) Feb 8 Mar 15, 22</p> <div style="border: 1px solid black; padding: 5px;"> <p>LEVELS Junior – Star 2 Required 2-3 days/week Intermediate - Star 3, 4 Required 3-4 days/week Senior – Star 5 & Higher Required 4-5 days/week Open – Star 2 and up Synchro 1 – Star 1 & 2 Synchro 2 – Star 3 & up (OPEN) **Synchro Skaters must skate at least one regular session per week</p> </div>

