



# CANSKATE



GRANDE PRAIRIE SKATING CLUB – SPRING 2021 – COCA-COLA CENTRE

## REGISTRATION IS NOW OPEN

REGISTER ONLINE AT: [GPSKATE.COM](http://GPSKATE.COM)

### SPRING SESSION – STARTS MARCH 22

**MONDAYS** – March 22 – April 26     **4:00-4:45** (CanSkate) \*No skating Monday April 5 (Easter)  
5 Classes \$125 (SOUTH ARENA)

**THURSDAYS** – March 22 – April 29     **6:45-7:30** (CanSkate / Junior Development / Star 1)  
6 Classes \$150 (SOUTH ARENA)

#### CanSkate (Ages 5 and up)

CanSkate is a dynamic Learn-to-skate program that focuses on fun, participation and basic skill development for all ice sports. Based on Sport Canada's Long-term athlete development (LTAD) principles, CanSkate centres on physical literacy and the fundamental skills needed to take part in any ice sport or to skate as a recreational activity. Coaches are required to maintain physical distance throughout the lesson. ***Skaters must have enough basic skills that they can move on skates and get up without assistance.***

#### Phase 2 Return to Skating Guidelines

- Skate Canada Assumption of Risk & Waiver must be completed and handed in prior to stepping on the ice.
- Daily health screening checklist to be completed each skating day at home before coming to the rink.
- Masks must be worn at all times in the Coca Cola Centre. Skaters are not required to wear masks while on the ice.
- Check-in / contact tracing required each day – please check in before you skate.
- Skaters are required to come to the arena with their skates on ready to skate. Arrive no more than 5 minutes prior to your session. Leave the facility immediately following your session.
- Parents/spectators are not permitted at ice level and must watch from the bleachers and maintain physical distance of 2 metres.
- If your skater develops COVID-19 symptoms, or is required to isolate due to close contact, your account will be credited for any unused sessions once the Club receives a copy of the notification letter from your school or health authority

Review the complete Return to Skating guidebook at: [gpskate.com](http://gpskate.com)