

**Regional January Training Days**  
To be held at Coke Centre Grande Prairie  
**3 DAYS – JANUARY 2, 3, 4, 2019**  
Register at [www.gpskate.com](http://www.gpskate.com)

**SCHEDULE**

**11:00-12:00pm Session A/Outreach**

**12:00-12:45pm A/B/Outreach Group**

**12:45-1:45pm Session B/Outreach**

**2:00-2:45pm Jumps**

**Three Day Package**

This Includes/day:

1 On-Ice Session (1hr)

1 Group Session (45mins)

1 Jump Class (45mins)

**One Day Package**

This Includes/day:

1 On-Ice Session (1hr)

1 Group Session (45mins)

1 Jump Class (45mins)

**Cost:**

3 Days = \$135 (10% Discount)

1 Day = \$50

**Levels:**

Session A: Star 4 and higher

Session B: Star 1-3

Skaters may be moved to different session at the discretion of the coaches.

**\*Please note that the schedule is subject to change\***

