



LEARN TO SKATE

Offered by the Grande Prairie Skating Club

A pair of skates is all it takes!

Session #1
September 10/2018-November 10/2018
REGISTRATION WILL OPEN AUG 2018

Grande Prairie Skating Club
Box 21254
Grande Prairie, AB T8V 6W7

Registration website:
<https://gpskate.uplifterinc.com>

CANSKATE:

MONDAY	4:00pm – 4:45pm	NORTH ARENA	\$160
<i>(No class Monday October 8th)</i>			
TUESDAY	6:45pm – 7:30pm	SOUTH ARENA	\$180
WEDNESDAY	12:45 pm – 1:30pm	SOUTH ARENA	\$180
THURSDAY	6:45pm – 7:30pm	SOUTH ARENA	\$180
SATURDAY	11:15am – 12:00pm	SOUTH ARENA	\$160
<i>(No class Saturday October 6th)</i>			

PRE-CANSKATE:

MONDAY	4:00pm – 4:30pm	NORTH ARENA	\$136
<i>(No class Monday October 8th)</i>			
TUESDAY	6:30pm – 7:00pm	SOUTH ARENA	\$153
TUESDAY	7:00pm – 7:30pm	SOUTH ARENA	\$153
WEDNESDAY	12:45pm – 1:15pm	SOUTH ARENA	\$153
WEDNESDAY	1:15pm – 1:45pm	SOUTH ARENA	\$153
THURSDAY	6:30pm - 7:00pm	SOUTH ARENA	\$153
THURSDAY	7:00pm – 7:30pm	SOUTH ARENA	\$153
SATURDAY	11:00am – 11:30am	SOUTH ARENA	\$153
SATURDAY	11:30am – 12:00pm	SOUTH ARENA	\$153
<i>(No class Saturday, October 6th)</i>			

REGISTRATION LEVELS

Pre-Canskate (Must be 3 years old as of September 2018 & up)

This program is for participants who have never skated before or who are not confident with their balance on the ice and are considered Pre-Canskate regardless of their age. Skaters will be moved to Canskate as soon as they are considered ready.

Canskate – (5 years old & up)

This program is for participants who are confident with their balance on the ice and will focus on balance, agility, and control while learning the fundamentals of skating skills for multiple ice sports.

HockeySkate ~ is a Grande Prairie Skating Club program designed by former Olympic Skating coach, David Howe, for hockey players and focuses on hockey skating skills.

Forward stride, Backward stride Edges and crossovers, forwards and backwards, Eagles, Mohawks, and transitions, Proper pushing and stopping technique

This program is for 5-8 year olds and 9-12 year olds who can already skate forwards, backwards, and stop.

Full equipment and stick are required. There will be no pucks.

Adult Learn To Skate

Saturday ~ 10:45-11:30 am

\$160.00

No Skating October 6

HockeySkate

Thursday ~ 4:00-4:45 pm

Group 1: age 5-8

Group 2: age 9-12

\$225.00