

# FALL 2017 SCHEDULE SEPTEMBER 5 – DECEMBER 21, 2017

\*\*Revised Schedule as of October 1, 2017\*\*

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>
<p><b>ON ICE</b></p> <p><b>SOUTH ARENA</b>            3:45-4:30pm – Int Freeskate            4:30 – 4:45 – Intermediate Spins            4:45-5:30pm – Junior STARSkate            5:30 -5:45pm – FLOOD            5:45-6:45pm – Senior Freeskate            6:45 – 7:00pm – Sr / HP Spins            7:00 -7:30pm – Senior/HP Trans / D/S            7:30 – 7:45pm FLOOD            7:45 -8:45pm – HP Freeskate</p> <p><b>NORTH ARENA**</b>            4:00-4:30pm – Pre-Canskate            4:00-4:45pm – Canskate</p> <p style="color: red;"><i>No Skating October 9</i></p>	<p><b>ON ICE</b></p> <p><b>SOUTH ARENA</b>            3:45-4:30pm – Senior Freeskate            4:30 –4:45pm – Senior Spins            4:45 -5:45pm – HP Freeskate            5:45 – 6:00 - FLOOD            6:00-6:45pm – Int Freeskate            6:45-7:15pm – Pre-Canskate            6:45-7:30pm – Canskate            6:45 – 7:30pm – Jr. Prep</p> <p><b>OFF ICE</b>            3:45 – 4:30pm – HP – Yoga - Maegan            5:00-5:45pm – INT / SR– Yoga - Maegan</p> <p style="color: red;"><i>No skating Dec 19</i></p>	<p><b>ON ICE</b></p> <p><b>SOUTH ARENA</b>            3:45-4:30pm – Int Freeskate            4:30-5:15pm – Senior Freeskate            5:15-5:30pm – FLOOD            5:30-6:30PM – HP Freeskate            6:30-6:45pm – FLOOD            6:45-7:25pm – Int Skills /Dance            7:25-8:05pm – Senior Skills/ Dance            8:05-8:45pm – HP Transitions / D/S</p> <p><b>OFF ICE</b>            4:15 – 5:15pm – HP – ASDC - Lisa            5:30 – 6:30pm – INT/ SR - ASDC - Lisa</p>
<u>THURSDAY</u>	<u>FRIDAY</u>	<u>Saturday</u>
<p><b>ON ICE</b></p> <p><b>SOUTH ARENA</b>            3:45-4:30pm – Senior Freeskate            4:30-5:15pm – HP Freeskate            5:15 –5:45 - On –Ice Fitness Jr/ Int            5:45 -6:00 - FLOOD            6:00-6:45pm – Int Freeskate            6:45-7:15pm – Pre-Canskate            6:45-7:30pm – Canskate/Jr Prep            6:45 – 7:30pm – Jr Prep</p> <p><b>NORTH ARENA**</b>            4:00-4:45pm – Junior STARSkate</p> <p><b>OFF ICE</b>            5:30 – 6:30pm – Senior/HP – Yoga- Maegan</p> <p style="color: red;"><i>No Skating NOV 16 NORTH ARENA only 4:00 – 4:45PM</i></p>	<p><b>ON ICE</b></p> <p><b>SOUTH ARENA</b>            6:45-7:45 am- Open  <b>Skate*** revised time</b></p> <p>4:00-4:45pm – Int /Senior Freeskate            4:45-5:15pm – On-Ice Fitness SR/ HP            5:15-5:30pm – FLOOD            5:30-6:30pm – HP Freeskate            6:30-7:00pm – Senior / HP Trans / D/S</p> <p style="color: red;"><i>No AM Skating Nov 24 &amp; Dec 22            No PM Skating Nov 17, Nov 24, Dec 22</i></p>	<p><b>ON ICE</b></p> <p><b>SOUTH ARENA</b>            10:30 – 11:00 – Pre-Canskate            10:30 – 11:15 – Canskate/  <b>10:30 – 11:15 - Jr Prep</b>            11:30 – 12:00 – Pre Canskate            11:15 – 12:00 – Canskate            11:15– 12:00 – Jr. Prep</p> <p style="color: red;"><i>No skating Oct 7, Oct 14, Nov 11, Nov 18, Nov 25, Dec 2 &amp; Dec 9</i></p> <p><b>LEVELS</b>  <b>Junior</b> – Canskate Stage 4,5,6 &amp; Star 1  <b>Intermediate</b> - Star 2 &amp; Star 3  <b>Senior</b> – Star 4 -&amp; Star 5  <b>High Performance</b> – STAR 6 through Gold &amp; Pre Novice - Senior</p> <p style="text-align: center;"><i>Note: At the discretion of the Skating Director, skaters may be moved to a different session to maintain balance</i></p>